

Dr. Elliot Dinetz, M.D.

is a board-certified Family Physician and Fellowship trained specialist in Metabolic and Functional Medicine. Also referred to as Precision Medicine, this approach personalizes plans for each unique patient based on their unique biochemistry, lifestyle, and genetic predisposition for optimal health and wellness. With years of experience in Urgent Care, Dr. Dinetz saw the real issues facing society's healthcare weren't a lack of medications or access, but rather not targeting the root cause of their health issues and the over prescribing of medications.

By targeting underlying issues with leading-edge treatment and complementary therapies this approach restores health and even helps slow aging. This systems-based approach has lasting impacts, even helping get people off of medications. After his training, he was invited to learn Clinical Genomics and Epigenetics alongside other leaders in healthcare to help tailor care and restore the impacts of inflammation on the body. He is one of the medical advisors to Forbes Health, on the board of the Age Management Medical Group (AMMG), and featured in several health and wellness publications including Psychology Today and Giddy. He is a member of the American Academy of Anti-aging & Regenerative Medicine as well as The Institute for Functional Medicine with licenses in 3 states where he sees patients across the United States and Internationally.